After School...

The Newsletter of Minneapolis Retired Teachers Inc.

Website www.mrti.org

Board of Directors

President Roma Lee Rasmussen -612-861-6654 rl.rasmussen@comcast.net

President - Elect Becky Grover - 612-920-6357 rlgrover14@gmail.com

Recording Secretary Christine Poppe - 612-588-8722 chpop001@gmail.com

Corresponding Secretary David Rolek - 952-894-4925 drnrd@aol.com

Asst. Recording Secretary Joanne Lambrecht - 952-470-4216 joanne.lambrecht@yahoo.com

Asst. Corresponding Secretary Jan Wahl - 612-869-8396 janwahl@comcast.net

Treasurer - Robert Ryder 952-239-6741 pappyryder@gmail.com Asst. Treasurer / Scholarship Chair Sylvia Farrells - 952-888-8771 angelseyf@gmail.com

Legislative chair - Ed Andersen 763-577-9699 ea5377@gmail.com

Membership Chair - Denny Lander 612-926-8478 dlander 222@gmail.com

Investments Chair - Larry Risser 612-922-6596 lerisser10@gmail.com



Coming back together for a year of great programs

Starting with September's excellent music, brought to us by **Erin & Jay**, the MRTI Program Committee has provided us a trio of delightfully different and entertaining programs throughout the Fall.

In October. we welcomed author and former teacher, Patrick

Mader, whose books, <u>Minnesota Gold</u> and <u>More Minnesota Gold</u> celebrate the persever-





ance and triumphs of fifty-seven diverse homegrown athletes from 1948-2014 as they pursued their dreams to compete in the greatest international competitions. In this year of Olympic games, it's especially exciting to celebrate the achievements of

our Minnesota athletes!

In November, **Tracy Tolzman**, Grand Sheik of Blockhead Tent #3, came to share stories and film clips of Laurel & Hardy, one of the most

original and inventive comedy teams ever. Their story lines, routines and physical *schticks* have been often imitated but never surpassed. (Several of our bers are proud members of





Board mem-Blockhead

Tent #3, the third oldest chapter of the *Sons of the Desert*, the International Laurel and Hardy Society named after the lodge the boys belonged to in their 1933 film of the same name.



January 18 - Open-faced hot reast beef sandwiches; chocolate pudding.

February 15 - Soup & sandwich bar (choice of deli meats, cheese and tuna); chicken wild rice or tomato basil soup; cherry cheese cake for dessert.

March 15 - Corned beef & cabbage, potatoes and carrots. Peppermint bonbon ice cream with a brownie.

April 19 - Taco bar (hard or soft shells) with beans and rice; fruit bowl with sherbet for dessert.

May 17 - Hamburger on a bun with cheese, tomato, onion, lettuce, pickles, chips & coleslaw; strawberry shortcake. As

always, a vegetarian option is available; just let your caller know or contact Gayle Marko. No other options are possible. The lunch price is now \$20.00, which includes lunch, tax, tip and the program. We happily accept cash or checks.

Phone callers record both names and phone numbers for reservations, which will be checked off at the ticket table. Should you need to cancel your reservation, call Gayle prior to the meeting. Noshows will be billed for the cost of the luncheon.

If you have **NOT** been called by **Monday, a week before the luncheon,** and you wish to attend, please call **Gayle Marko** to make a reservation: 952-920-1395.

Did You Know...

MRTI contributes to many programs that support Minneapolis children? Your dues support annual contributions to:

- -The Assistance League
 - Mary's Place
- Boys and Girls Clubs of Minneapolis
 - Jeremiah Program
- Harriet Tubman Center
- Big Brothers/Big Sisters of Twin Cities
- People Serving People - Minneapolis Recreation

Development

MRTI supports the effort to control and eradicate the Co-Vid19 pandemic which has cost so many people their lives and their health.

We encourage all members to be fully vaccinated and we ask that, if you have not been vaccinated, be prepared to wear masks and observe social distancing at all indoor MRTI

functions.

<u>Winter - Spring</u>

Program Schedule



January 18, 2022

Rod Martel, Local Filmmaker and MRTI member, discusses his film, "Lost in Berlin."



February 15, 2022 Kent Kruger, author & mystery writer



March 15, 2022 Lucy Rose Fischer, author, presents The Journalist in Vietnam

April 19, 2022 The Raptor Center brings us Birds of Prey



May 17, 2022 A musical performance by South High School students

Interested in political activity?

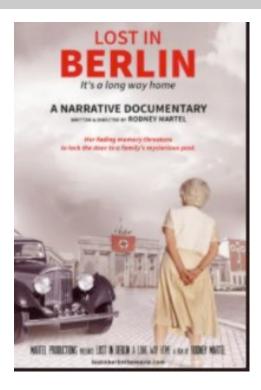
Retired Teachers Council 59 (RTC 59)

"Gathering, Learning and Action"

January 25, February 22, March 22, April 26 & May 24, 2022.

Meetings will be via Zoom or in person
if possible. Look for your notice or
invitation/link in your email

Your Homework Assignment



JANUARY 18 MRTI PROGRAM

Rod Martel, a MPS retired colleague, will be joining us in January to discuss his documentary film, *Lost in Berlin*. To familiarize yourself with this moving and unique film we encourage you to use the following link to watch the trailer:

https://lostinberlinethemovie.com

To access the entire film, go to the MRTI website at mrti.org and scroll down the page to find the link. Double click on the link to bring up the page with this picture on it. Click on **HERE** and put in the password: **mrti** and the movie will come up.

####

Would you like to help set up programs for our luncheons?
The Program Committee has openings/ If you are interested in becoming a member, contact Elmer Kock

EandJKoch@comcast.net

THE BEST TRIP EVER (PART 2)

- FLMER KOCH

JINGZHOU

After breakfast we boarded buses for a visit to Jingzhou Village School (now called the Viking Primary School, since the Viking Cruise line is underwriting a rehab of the school and offering some scholarships). The school had 800 students in grades 1-6 who pay \$50 per year tuition. The school was not in session at this time, but they had invited some 200 kids to show up and perform for us (and to encourage donations from us). In brightly colored costumes, the students offered a program of singing and dancing and some drum routines on the school grounds. We took a quick tour inside the school and our guide, Angela, made a special arrangement for me to meet the Principal who spoke no English....Angela interpreted! The 800 students were in classrooms averaging 40 with a total of 40 staff. Textbooks were pretty sterile...no pictures, few diagrams, mostly exercises. The class- rooms were small, one chalkboard, a teacher lectern, and student desks with a slate top and chalk....a substitute for paper! In one room, a student was copying the names from our name tags as a way to practice English!

THREE GORGES DAM

The next day focused on one of the highlights of the cruise, the Three Gorges Dam project. One of the modern technological achievements for China, it provides flood control, electric power, navigation, and irrigation for this part of the country. We were



presented with a huge amount of information:

- . the dam was begun in 1993
- . 28,000 workers were employed in construction
- it is1mile long, a concrete/gravity dam with a reservoir lake back-up of 600 km

- when completed, it will have 26 turbines (the world total in 2004 was 21 turbines)
 - 5 locks will raise ships 113 km in a 3-4 hour period at no cost. smaller ships will have an elevator to use for a fee taking $\frac{1}{2}$ hour
 - scheduled for completion in 2009, the elevator delayed the construction schedule
 - 1993 projected cost was \$28 billion; 2004 projection \$70 billion (mostly due to the rebuilding of whole cities displaced by the flood plain 1.13 million people were relocated)

We did a walking tour of the dam site itself which was a parklike setting. We were clearly told we could not take any pictures of the guards, but they could take our picture. The after- noon was spent on board as our boat was carried through 4 levels of the locks which had been completed.

LESSER THREE GORGES

Wednesday morning we arrived at the small town of Wushau, 30,000 inhabitants slated to become 80,000 after moving the entire town once the dam is completed. Here we boarded a 3 decker, Chinese style excursion boat for a 5 hour tour of the Lesser Three Gorges (Dragon Gate, Misty, and Emerald). We had hours of spectacular scenery with wild monkeys on the steep cliffs (fed by the government to provide a tourist attraction) and "hanging coffins" burial sites from ancient times which had been carved into the cliffs. We had a "picnic" lunch on top of the cliff after a 100 step climb. When the dam is finshed this picnic spot will be at the water's edge!

Back on the Century Star in the afternoon, I arranged with Angela and the Gang of 20 for a birthday dinner celebration for Jackie! A memorable party for her.

SHIBAOZHAI TEMPLE

We got some exercise this morning with a climb up the pagoda of the Shibaozhai Temple built in 1650....450 steps, 9 stories high. These ancient structures continued to amaze us throughout the entire trip. The hike to and from the temple took us through a couple of blocks of vendors, known as the "hello market." "One dollar, one dollar" was their common cry as they pitched their wares to us.

That evening after a Chinese dinner, the menu designed by Martin Yan, we enjoyed a fantastic show of unique

acrobatics by a troupe of a dozen pre-teen children. One boy took a bad fall, landing on his head and cracking the mirrored glass floor!

FENGDU

Friday was a day to relax. We passed on a cave tour, instead staying on board and (trying) to learn to play mahjong. Angela was a good teacher; we're not sure how good the students were! We asked about the boy who fell and was told he was ok. They said this does happen often, usually with older students, however. Replacing the glass floor costs about \$400!

CHONGQING (formerly Chung King) and XIAN

A strenuous day began with a visit to WWII General Stillwell's residence, now a museum with exhibits from the war, building the Bur- ma Road, etc. On our way to the zoo, we drove throughChongqing, a crowded and dirty city of 30 million people. The highlight of the zoo was seeing the giant pandas and a rare endangered tiger (only 35 left in the world).

After lunch we took a one hour flight to Xian, a modern, clean city of 6 million. Another one hour bus ride from the airport found us stuck in a huge traffic jam, total gridlock. We all got off the bus and walked the final 2 blocks to our hotel....baggage caught up with us after a wonderful costumed, cultural dinner show!



XIAN

This Sunday offered one the greatest highlights of the trip: a walk through a 900 year old city gate to the site of the buried Terra Cotta Army. Discovered in 1974 by farmers who were drilling a well, huge buildings covered each of the three "pits." The largest was the size of three football fields! This 2000 year old burial site was truly amazing. The details of the carved figures, the expanse of the sites, and the observation of on-going excavation was simply awesome. An adjacent museum and gift shop was the final stop where I was compelled to buy a 1/3 life-sized replica of a terra cotta General.

We were told it would take 2 months for shipping, guaranteed to arrive undamaged. (It arrived in good shape and was put in our garden. Unfortunately a couple years later a wind storm blew down our privacy fence, knocking down my General and smashing him, leaving only his head in tact, which I have kept to this day.)

Late that afternoon we took a 1 ½ hour flight to Beijing and, after dinner at a local Chinese restaurant and a brief neighborhood walk, we settled into our hotel about 11:00 pm.

BEIJING

Today began with an early morning bus ride to the Great Wall. During the 1½ hour trip we saw a lot of this city of 16 million people. There was a lot of new construction mixed in with preserved and restored historic architecture. Major streets were landscaped aesthetically with flowers and sculptures. Famous for its poor air quality, we experienced the smog yesterday, but had a nice sunny day this morning.



Our first glimpse of the Great Wall meandering up the distant mountains was awe some. (pic #10) After debarking our bus, the

gang of 20 had a picture taken with Angela in front of a section of the wall. Then it was off on our own to climb a section for a



"first hand (foot?)" experience. We took a less steep "easy" route (according to Angela) which was very crowded,

this being a Chinese holiday. The hike was like walking the hills in San Francisco. The climb was every bit worth the effort to enjoy the views and marvel at this ancient wonder. We spent about $1\frac{1}{2}$ hours on the wall, and while there we became an attraction. A young Chinese couple on holiday pantomimed to us, asking permission to take our picture.

Leaving the Wall, we stopped for lunch and then toured a Jade factory. While very interesting, it was somewhat of a come-down after the Great Wall visit. From there, we stopped at a Beijing park, site of the Ming Tombs. This 4000 year old area is the burial site for 13 of the 17 Ming Emperors. It was a most impressive area which again raised our enthusiasm for Chinese history.

That evening we attended a dinner theater performance of the Peking Opera. A highlight of this was a back stage visit to see performers applying make-up prior to the show. It was a fasci- nating production with colorful costumes, lively acrobatics, and a wild sword battle!

Arrival in Beijing concluded the river boat portion of the trip and we were now on the post-cruise extensionwhich most of the gang of 20 took as well. This morning, Angela led us on a visit around the city, first stop being Tiananmen Square. The Square can handle 1 million people, but was much less crowded today, only a few thousand waiting in long lines for a 5 minute view of Chairman Mao's frozen body. Today was one of the few opportunities for the public to have a view.



After a long walk across the Square, we entered the grounds of the Forbidden City. Accompanied by hundreds of others, we walked through the 15th century main gate, entering grounds which were 2 to 3 times the size of the Square we just left.

With Angela's guidance, we roamed the complex for the rest of the morning, taking many rest stops because of the heat. Reboarding our bus, Angela revealed that we were most likely under surveillance by police, a common activity to monitor foreign tourists visiting the Square.



After lunch a short bus ride took us to visit the Empress Dowager Cixi's Summer Palace. A notorious character, the Empress was known as the "Dragon Lady." Her palace, built 700 years ago, is 4 times the size of the Forbidden City. Set on a lake, it was a spectacular structure. The story is that she used treasury funds to have the Chinese navy build the palace and to justify this, she had them build a marvelous marble boat, which of course does not float!

LEAVING CHINA

Most of our "good-byes" were done last night as most of the gang of 20 had early morning flights out of Beijing. The few of us who were left did some local wandering to a shopping center in the next block. While we had already made plenty of purchases at the many vendors we had encountered, I could not resist one last purchase. I found a beautiful piece of art, a large framed jade medallion carving (which I then had to carry home with me on the

After 4 movies, 3 meals and a few catnaps, we landed in Chicago, changing planes for Minneapolis. We arrived thoroughly exhausted but extremely excited by the fabulous trip we had just

completed. I have shared most of the highlights in this article,

but there were so many more memorable experiences, cultural learnings, friendships made, and unique encounters that will remain with me forever, making this the "best trip ever!"

- Elmer Kock

MPS teacher and Administrator 1958 - 1988

Thanks to our generous MRII members

This year, we will offer up to four \$2000.00 scholarships to teachers, EAs and other Minneapolis Public Schools professionals who wish to pursue additional degrees, certifications or licensure to support and improve their teaching and award grants for classroom "extras" and special programs to active teachers amounting to over \$16,000.00. The following members have contributed this year:

A

Ed Anderson
Jeanette Andersen
Allen Anderson
Jackie Anderson
Karen M. Anderson
James "Mike" Andrews
Patrice Arasim
Doris Arnold
Patricia Arnold

В

Ruby Barnes Anne Bartel Aroti Bayman Grace Belsaas George Beske Janice Beske Hazel Birth Linda Bjorklund Janet Blume Louis Bormann Margaret Bostlemann Louise Botko Jane Brandt Eleanor Brown Sharon Buckner Susan Bunnell

\mathbf{C}

Kathy Cahill
Andrea Carter
Darryl Carter
David Christopherson
Don Cieminski
Joan Petroff
Karen Coppicus
Robyn Cousin
Barbara Covart
Cheryl Creecy-Awobamise
Donna Lee Crewe

D

Jackie Cronin

Anne DeMuth
Fred Dietrich
Larry Disher
Mary Kay Dorniden
Rita Drone
Claire Dryke
Michele Dunn

${f E}$

Kristi Erickson Pam Evangelist F

Lee Fabel
Patricia Fahey
James Farrells
Sylvia Farrells
Patty Feeney
Ronald Fish
Shirley Frank
Carol Freeman
Geri Fridgen
Richard Friedrichsen
Rosemary Fruehling
Joyce Fuhrman

G

Mary Ellen Gallick Warren Gerecke James Gersich Barbara Glass Renata Goepfrich Debora Golden Carole Gupton Carolyn Gustafson

Η

Rosemary Hagen Stephen Halverson Richard Hanson Janet Heidinger Dale Hendrickson Lynne Hendrickson Judy Hoel Marcia Hokenson Carol Horswill Sandra Hoverson Maxine Hughes

I - J

Sandra Irwin James Jacobsen Grace Jaggers Joan Jemison Renee Jesness Carol Johnson James L. Johnson Stella Jones

K

Ruth Katz Cynthia Kelly Jean Knox Elmer Koch Carla Korb Coleen Kosloski Barbara Kuenne Janet Kujat

 \mathbf{L}

Joanne Lambrecht
Judy Lander
Carol Lauder
Mary Leoni
Sherrie Lindborg
Marlene Locascio
Janet Lodhotz
Dan Loewenson
Marsha Loewenson

M

Art Maillet Gayle Marko Cheryl Martin Virginia May Kay McLean Therese Mooney Susan Morgan Nancy Morin Sharron Morse

N

Karen Nelson Mary Beth Nelson Paula Nelson Eva Neubeck Reidun Newquist Lynn Nordgren

U

Elaine Olson C. Jack Oman Joanne Ortendahl Lucas

Р

De Nise Pellinen
Marjorie Penner
Marjorie Penner in memory
of Lu Curran
Judith Peters
Mary Peterson
Roberta Peterson
Joan Petroff
Pixie Pixler
Chris Poppe

R
Lynne Raphael
Roma Lee Rasmussen
Margaret Reed
Karl Reinhard
Corinne Retzlaff
Barbara Risken

Larry Risser
Adona Rivord
Barbara Roach
Rosalind Robbins
Cynthia Rogers
Ilene Rohner-Guttenfelder
David Rolek
Bonnie Rowell
Kathleen Runchey
Susan Ryan-Nelson
Robert Ryder

\mathbf{S}

Marlys Sanford Jane Sasaki M.J. Saviano Anne Scheible Stephen Schmid Pam Schreurs Robert Shelton Dr. Barbara Shin Susan Shuff Diane Stephens Marcia Sutherland

T - U - V

Hazel Tanner Joan Threet Lori Tierney Bruce Turnbaugh Janet Ulvin David Vos

W

Jan Wahl
Thomas Wells
Sandra Westby
Daniel Willette
Louverne Williams
JoAnne Wilson
Roger Wold
Donise Wright

Y - **Z**

Joan Young Doris Zachary Patricia Zaja Paul Zollar Deb Zwickey



Meet our new President



Greetings to all of you in 2022,

May you and yours have peace and joy, safety and good health in this new year. I am so appreciative of all your support for MRTI in the past and I look forward to a future of more years of working together for Minneapolis teachers and children. I am so privileged to have your vote of confidence to serve as the new President of our ever dynamic and almost 100-year-old organization.

If you are curious, I thought you might want to know a little about me. I was raised in Richfield and graduated from Richfield High School. With much financial assistance, I attended The College of St. Catherine (now known as St. Catherine University), and majored in Elementary Education and Sociology. After graduation, I married my high school sweetheart, and we raised two wonderful sons who still reside with their families in the Twin Cities area. During that time, we were active in Scouting, music, sporting, model railroading, and church activities. When we were blessed with our first granddaughter and when my 96-year-old mother was needing more care, I retired from 33 years of teaching kindergarteners and first graders in Minneapolis at Page, Morris Park, Audubon, Brookside, and Kenwood

elementary schools. When we were five weeks short of our 50th wedding anniversary, my husband unexpectedly passed away, and my life changed in an instant. Never take for granted your next breath or that of your loved ones. Cherish each moment you have together.

After retirement I continue to be active at my church and in music, educational and recreational activities. At church I enjoy volunteering in a variety of areas, including singing in our vocal choir and playing handbells in our bell choir. I volunteered for several years in the kindergarten program at Kenwood and at our church school, Blessed Trinity. I really valued the time with the children, but I didn't miss all the extra duties and hours that were required of employed teachers. We purchased a cabin on Farm Island Lake near Aitkin, MN, and I have thoroughly enjoyed the peace and quiet times, as well as the busy and fun times, we have there. I really appreciate the nature that we experience – the sunsets, the storms, the lake, the land, the trees and the wildlife. I have also been able to waterski every summer, and God willing, that will continue for many years.

It is such an honor to be a leader of such a talented and generous group as MRTI. Please feel free to share concerns, questions, ideas, and stories with me. My contact information is found elsewhere in this newsletter and in the Yearbook. Together we can truly make a difference in the lives of Minneapolis teachers and children.

In gratitude for all your continued support,

Roma Lee Rasmussen MRTI President, 2022-2023

SOUTH HIGH NEEDS GUITARS

One of the more unusual grant requests came from the South High School Music pro-gram: a request for guitars.

Good quality guitars being pretty expensive, the amount of money we can grant will only purchase a couple of instruments. So, the MRTI Board decided to ask you, our members.

If ou have any good quality guitars lying around, unused, that you would be willing to donate, please contact Larry Risser at 612-922-6596 or lerisser 10@gmail.com



MRTI TEACHER GRANTS AT WORK

Minneapolis teachers have enthusiastically taken advantage of the MRTI Grant program, purchasing everything from carpets with letters and numbers on them to jump rope-making supplies, from books and puzzles to special field trips. These are just a few of the responses we've received.

Hi, Minneapolis Retired Teachers

Last year, you provided me with the funds to purchase Magnatiles for my students and they have been a hit! We have used the Magnatiles to build towers, houses, roads, clock towers, and cars.

We have added a hands on component to our food and bugs unit by using the Hungry Caterpillar Magnatiles,

wild animals unit by using our Polar Bear, Polar Bear, What Do You Hear? Magnatiles, and colors unit by using our Brown Bear, Brown Bear, What Do You See? Magnatiles. As you can see from the photos, the Magnatiles magically encourage parallel and cooperative play, imaginary play, and creativity from the students.

I have also had students identify colors, shapes, numbers, and animals using the Magnatiles.

I love how the Magnatiles allow my students to access the material at their own level. I have students who love to build elaborate structures, line up the tiles, stack the tiles, and put the tiles on our magnetic chalkboard.

This week, we're making homes out of Magnatiles as we study different types of homes.

I can't wait to build a barn with The Very Busy Spider Magnatiles and act like animals with the From Head To Toe Magnatiles later this school year.

I can't thank you enough for the opportunity you've provided my students and staff with by gifting us these Magnatiles. It's an opportunity I never would've been able to afford otherwise.

With sincere gratitude, Hannah Zapchenk











Thank you so much for the great news. This is awesome that retired educators are there for us ... especially during a really tough year!

Thank you for your consideration and understanding.

Thank you so much for approving my request! My students are super excited to have new Jenny Varification on this!

Jenny Monroe, Sanford

We also get thank you notes written by the students. We paid for a set of tri-fold project boards for students at Lake Harriet Lower School. Here are some of the thank-yous they sent.



cont. from page 1

Past President - Barbara Kuenne 763-542-9890 BGKWOW1@gmail.com

Newsletter - Chris Poppe 612-588-8722 chpop001@gmail.com

Program Chair - Elmer Koch 952-888-7321

EandJKoch@comcast.net

Advisor to the Board -Elmer Koch 952-888-7321 EandJKoch@comcast.net

Directors at Large:

Patience Gall - 763-639-4063 bpgall@comcast.net

Janet Kujat - 612-269-5784 heartladyk@yahoo.com

Gayle Marko - 952-920-1395

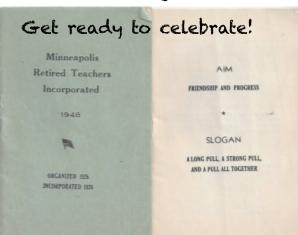
Diane Penn - 651-699-5831 penndiane@hotmail.com

Deborah Smith - 612-721-1109 debcottonsmith@gmail.com

Mitchell Trockman - 763-545-7500 mitch.trockman@comcast.net



MRTI's 100th birthday is coming!



Coming back together, cont.

In 2017, Queen Elizabeth II was unanimously elected an Honorary Member of the Blockheads Tent, when it was announced that she enjoyed the classic comedies of Laurel and Hardy as part of her convalescence from a bad cold over the Christmas holidays. (She also enjoyed "The Last of the Summer Wine" and "Keeping Up Appear-



ances," two hilarious British comedies. Excellent choices, Your Majesty!)

Our Fall programming concluded with a delightful women's octet, **Side-By-Side.** For our December meeting, they brought us a variety of a cappella Holiday songs in four-part harmony. It was a lovely way to get in the mood to celebrate a holiday with friends and family!



MRTI Needs YOU!

We are looking for a person to serve on our Board. This is a 2-year position, during which you will learn all about the inner workings of MRTI.

For more information, contact: RomaLee Rasmussen (rl.rasmussen@comcast.net)

Barbara Kuenne (BGKWOW1@gmail.com)

Funds are available for medical reimbursement. Give TRA a call to request an application. 651-296-240

Limited Medical Assistance Fund (LMAF) (administered by the Teachers Retirement Association)



The Limited Medical Assistance Fund (LMAF) was established in the 1930s through a bequest of a retired Minneapolis teacher.

A trust was established to reimburse certain medical costs of retired Minneapolis teachers, and is administered by the Teachers Retirement Association.

To qualify for reimbursement, a District #1 teacher.

Eligible retirees may request

- Allowable medical expense
- Health insurance premiums (when funds permit)

Medical Expenses Allowable medical expenses, if these expenses are not covered by Medicare or any other form of insurance, include:

- inpatient or outpatient procedures performed at hospitals, clinics or surgery centers; and
- licensed nursing care or prosthetic devices.

Expenses that are **not eligible** include: dental care, nursing home care, medication, therapy, glasses, out-patient services, non-medical items.

How To Apply

Call TRA to request information. If expenses are determined to be eligible, an application will be mailed to you. Complete and return the application to TRA, along with expense receipts.

Health Insurance Premium Expenses

To be eligible for health insurance premium reimbursement, a ret must meet all of the following

- be age 65 or older:
- have retired after May 1, 1974, but before July 1, 1999; and
- not be eligible for free Medicare Part A coverage

Reimbursements are reviewed and disbursements made twice a year.

Contact Us

Teachers Retirement Association 60 Empire Drive,

St. Paul, MN 55103-4000

651.296.2409 or 800.657.3669 651.297.5999 (FAX)

MRTI Newsletter January 2022 Chris Poppe, editor

Articles, opinion essays and comments are welcome and should be directed to:

Chris Poppe

3851 Queen Ave. N Minneapolis, MN 55412 chpop001@gmail.com

Our meeting location

Eagles Club #34 American Legion (On the corner of E. 25th St. & 25th Ave. S) 2507 E. 25th Street Minneapolis, MN 55406



Plenty of Free parking

Minneapolis Retired Teachers, Inc. P.O. Box 24034 Minneapolis, MN 55424-0034